A large, modern indoor swimming pool with a high ceiling, arched windows, and lounge chairs. The pool is surrounded by a tiled deck and has a decorative border of stones. There are two waterfalls in the pool. The room is well-lit with recessed ceiling lights and wall sconces. The walls are a light green color, and the ceiling is white with exposed ductwork.

# AQUANATURA

WELLNESS & SPA

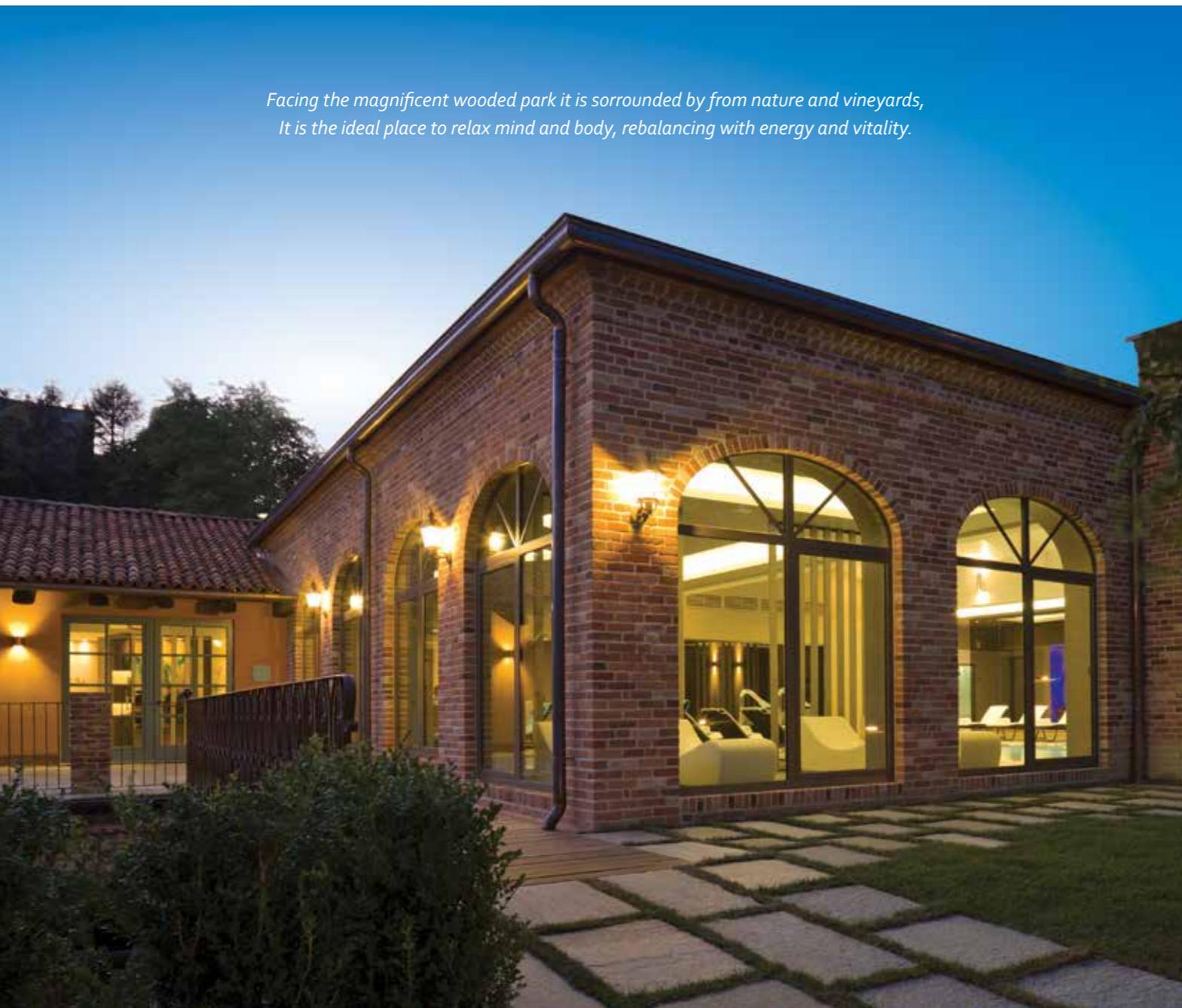
THE MAN WHO IS BLIND TO THE BEAUTIES OF NATURE HAS  
LOST HALF OF THE PLEASURE OF LIFE.

- ROBERT BADEN-POWELL -

# AQUANATURA WELLNESS CENTER & SPA

AQUANATURA  
WELLNESS & SPA

*Facing the magnificent wooded park it is surrounded by nature and vineyards,  
It is the ideal place to relax mind and body, rebalancing with energy and vitality.*



## BEAUTY CENTER, MESSAGES AND FACIALS AND BEAUTY TREATMENTS

The wide range of beauty treatments and massages are also available without paying the entrance fees to the wellness center.

Our treatment list is available online or can be requested by mailing the following address [spa@relaisantuffizio.com](mailto:spa@relaisantuffizio.com). The beauty center is available both for hotel staying guest and for not overnight staying customers. Reservation is always required.

## DAILY ACCESS TO AQUANATURA SPA - OUTDOOR POOL WITHOUT OVERNIGHT STAYING

We offer a wide range of rates depending on the season at the weekend, holidays and midweek.

**May to September:** SPA access rate includes also the outdoor pool access.

## BOOKINGS AND TIME TABLE

- BEAUTY CENTER OR WELLNESS CENTER OR OUTDOOR POOL ACCESS
  - Email: [spa@relaisantuffizio.com](mailto:spa@relaisantuffizio.com)
  - Spa Phone Number: 0141-917009 (dalle 10.30 alle 20.00)
  - Hotel Reservation Telephone number 0141-916292 (dalle 8.00 alle 23.00)
- **Cancellations** within 24 H from the appointment you will be charged 50% of the treatment cost.
- **Cancellations** within 6 hours from the appointment: total amount charge
- **Treatments / Massages Last Minute Discount:** Daily Deals available.

## USEFULL INFORMATIONS

- Please, be at the Spa Reception Desk **10 minutes prior your appointment**, arriving late will cheat you of precious minutes of your treatments
- **Relaxation is a quiet room, please respect the silence, please speak quietly**
- It is forbidden to keep relaxation beds occupied with towels, let it free if not in use
- Flip Flop must be wearred inside the whole Spa area
- Please leave your valuables at home as we are not responsible for lost or damaged items.

## OPENING TIMES

### EVERY DAY:

- **Sunday to Thursday:**  
From 10.00 to 20.00
- **Friday and Saturday:**  
From 10.00 to 21.00
- **October and November Only**  
Saturday and Sunday  
Opening time 9.30

### Access Includes:

- Relaxing Area Access
- Hydro-Pool
- Wet Area, Sauna and Herbal Tea Area  
(Additional Towel €2,50 each)

### Wet Area and Sauna opening times

Every Day 12.00 to 20.00

### CHILDREN ACCESS:

Spa facilities available to customers over 12 years of age



# SAUNA, STEAM AND EMOTIONAL SHOWERS

AQUANATURA  
WELLNESS & SPA



## HOT AND WET AREA VADEMECUM

Those entering the sauna area must be in good health. For hygiene purpose all Guests must shower before entering the wet area.

The Management will not be liable if a person becomes unwell because in poor health or due to improper use of the saunas.

Do not use it for one or more of the following conditions: high blood pressure, circulatory problems, heart disease, current inflammations, epilepsy, pace-maker or pregnancy.

Under 12 years old are not allowed and is forbidden using the wet area. Up to 18 years old must be accompanied from adults.

The use of a bathing costume is required in the humid area and in the Wellness Centre.



## PANORAMIC SAUNA

Temperature 85° C · humidity 20 - 25 %

Having a sauna is a real ritual in many northern countries, the intense heat opens the skin's pores and sweating helps the removal toxins from the body. Improves muscle tone and blood circulation.



## STEAM ROOM (TURKISH BATH)

Temperature 45-48° C · humidity 98 %

The steam and the heat in the room are good for the circulation of the blood and lymph, dissolve toxins and the sweating helps their removal.



## MEDITERRANEAN BATH

Temperature 45-55° C · humidity 55-65 %

A very pleasant environment, both for the senses and emotionally, gently welcoming you into its warm atmosphere. Inspired by the system in the ancient Roman baths, the ceiling distributor releases an aromatic flow to the stove-heated stones.



## ICE WATERFALL

The ice cascade program using the crushed ice bowl has an excellent toning effect. The cold reaction works in conjunction with the heat bath of the sauna or steam bath.

# BEAUTY TREATMENTS

AQUANATURA  
WELLNESS & SPA



## MANICURE & PEDICURE

### MANICURE + SOAK OFF LED-UV COLOR

30 minutes € 40,00

### PEDICURE + SOAK OFF LED-UV COLOR

55 minutes € 60,00

### REMOVAL - SOAK OFF

20 minutes € 15,00

### SIMPLE MANICURE + STRENGTHENING BASE COAT

30 minutes € 25,00

### SIMPLE PEDICURE + STRENGTHENING BASE COAT

45 minutes € 45,00

### SPA PEDICURE (PEELING AND FOOT MASSAGE) + SOAK OFF LED-UV COLOR

80 minutes € 100,00

### ONLY NAIL POLISH

15 minutes € 15,00

## WAXING

Delicate depilation treatment, gives an extraordinary silky sensation, leaving the skin soft and pleasantly perfumed. Also for the most sensible skins.

### LIP OR CHIN OR EYEBROW SHAPE

15 minutes € 5,00 - 15,00

### UNDER ARM WAX

10 minutes € 10,00

### ARMS WAX

30 minutes € 25,00

### FULL LEG WAXS

45 minutes € 40,00

### HALF LEG WAXS

30 minutes € 20,00

### BIKINI WAXS

15 minutes € 15,00 - 25,00

### BACK WAX

20/30 minutes € 30,00 - 40,00

BEAUTY CENTER is independent from the spa entrance.  
You can enjoy just the treatments without to pay the entrance.

## COUPLES' TIME



AQUANATURA  
WELLNESS & SPA

### PRIVATE SPA

The unique and intimate SPA SUITE, where you can share a path of well being in harmony with their partner.

#### The offer includes:

- Teuco's Whirlpool and emotional rainfall shower.
- Double heated relaxation waterbed
- A delicious Welcoe with a Bottle of Asti Spumante and a exquisite surprise.

#### Rates

- € 100,00 *First hour one*  
€ 80,00 *Second hour*  
€ 50,00 *Third hour*

### COUPLE MASSAGE

Share together a moment of pure pleasure, relax and wellbeing having a synchronized massage inside a room just for you two.

*50 minutes € 150,00*

### POLYNESIAN RITUAL

**The pleasure of a bath of flowers, delights of exotic scents.**

Begin with a private bath dedicated only to you two ... followed by a enveloping massage with coconut and Tiarè Flowers with delicate manipulation to stimulate the senses and bring harmony in the couple.

*80 minutes € 180,00*



### COUPLE'S HOT BALM

**Experience the unique sensation of a sublime pleasure on your skin.**

Warm and rich vegetable butters like coconut, shea butter and beeswax, choosing the most suitable for your needs. AGE REPAIR, SENSITIVE or JOY.

Embracing manipulations aids relaxation and will ease the tension away, improving your flexibility and mobility.

*50 minutes € 170,00*

# AQUANATURA: MESSAGES AND TREATMENTS

AQUANATURA  
WELLNESS & SPA

*Rediscover monks's ancient tradition. Preparation of oils and creams made with herbs, flowers and natural spices according to the formulas and the method of monastic practice of many centuries ago.*

## AQUANATURA THE COSTUMIZED ONE

Customized massage that uses a range of manipulations according to your individual needs to balance your body and bring you new energy.

50 minutes € 70,00

## RELAXING MONASTIC HERB MASSAGE THE RELAXING ONE

Slow and long hand movements using aromatic oils with intense relaxing qualities to aid muscle relaxation and soothing of the spirit for a general physical and mental revitalization.

50 minutes € 70,00

## THE "SANT'UFFIZIO" GRAPES® THE SHOOTING AND MOISTURIZING ONE

This ritual is the best antioxidant treat to your skin. Thanks to the quality and properties of grapes like malic and tartaric acid your skin will glow. The deep and gentle manipulations will shoot your muscles.

50 minutes € 80,00

## DEEP BREATHING THE DEEP TISSUE ONE

This specific type of massage techniques concentrates on the deep layers of muscle and fascia in the body by using deep pressure and slow and firm strokes. This massage has beneficial effects on muscle tension and removal of lactic acid.

50 minutes € 80,00

## AQUA-DRENANTE

Specific draining techniques and a special blend of essential oils and special scented oil helps to get rid of liquids excess, reducing swelling and localized edematous states, removing toxins and improving circulation.

50 minutes € 70,00

## MOTHER TO BE THE PREGNANCY MASSAGE

It enhances the functions of the muscles and joints, improves circulation, helps to get rid of fluids retention, tones up your body. A special relaxing treat for the mother to be.

50 minutes € 70,00



# AQUANATURA: MESSAGES AND TREATMENTS

AQUANATURA  
WELLNESS & SPA



## AYURVEDA THE SCIENCE OF LIFE

Let's find harmony with these ancient Indian massage techniques Rebalancing your mind and body through the four Natural levels (Water, Earth, Fire and Air).

*50 minutes € 80,00*  
*80 minutes € 120,00*

## HOT STONE MASSAGE BREATH AND LISTEN THROUGH YOUR BODY

The heat of lava stones promotes vasodilation and stimulates the production of collagen, with healthy effects to the skin and tissues. The muscles relax and the tensions are dissolved, indicated for joint pain and to release mental stress.

*50 minutes € 80,00*

## HAWAIIAN LOMI LOMI MASSAGE GET IN TOUCH WITH YOUR SOUL

This is the ancient Hawaiian concept of working with Mana (life force of the body), mind and soul of the person. This technique is based primarily on rhythmical and harmonious movement using the forearms and hands.

*50 minutes € 80,00*

## EXPRESS TREATMENTS

### AQUANATURA THE MONASTERY BODY BRUSHING\*

Special brushes extracted from Cactus fiber helps revitalizing microcirculation of the lower limbs, followed by application of a special detoxifying cream. Improving immune system has also a relaxing action that promotes sleep.

*25 minutes € 40,00*

### BACK AND NECK MASSAGE

Ideal for tense muscles, improving posture and the dynamism of the spine.

*25 minutes € 35,00*

### TEVICO MASSAGE HEAD-NECK-FACE

The perfect combination to release stress. Ideal to get back balance and concentration, living you with a glowing and relaxed look.

*25 minutes € 35,00*

### LEGS AND FEET MASSAGE

Specific manipulations will help to feel your legs light. Improving circulation and swelling.

*25 minutes € 35,00*

# AQUA SPECIALS - FACE AND BODY TREATMENTS

FOR A TIMELESS NATURAL BEAUTY



## HOT BALMS CANDLES MASSAGE

EMOTION INTO YOUR SKIN

Try the unique experience of a sublime pleasure, thanks to the hot and rich, pure vegetable butters of coconut, shea butter and beeswax, choose the candle more suited to your skin: AGE REPAIR, SENSITIVE, JOY, CELL, TONE. Enveloping manipulations for the total relaxation of your spine.

50 minutes € 80,00

## BIOLOGICAL BASES AND DERMO - FUNCTIONAL EFFECTIVENESS

### EMOTION BODY TREATMENTS

#### PURE SKIN SPECIAL SCRUB

Feel deep emotion for this ritual treatment that will leave Your skin smooth and deeply nourished. Salt body scrubs without Silicones and Mineral Oils, No parabens, dermatologically tested and Nickel tested.

50 minutes € 70,00

#### TOTAL BODY DRAINING, MODELLING

The perfect reducing, draining, modeling treatment. Based on kelp, ivy, phytosome, ginseng and escin. Ideal to improve arms, legs and abdomen elasticity. It provides immediate lightness feeling and decreases the diameter the treated parts.

80 minutes € 130,00

#### CELLULITE AWAY ANTI-CELLULITE

Localized treatment against cellulite based on phosphatidylcholine and Dead Sea salt actives ingredients. Perfect to fight and prevent the formation of fatty deposits on the areas of your body.

50 minutes € 80,00

#### TONE UP SHAPING TREATMENT

Localized intensive toning treatment based on tripeptide 28, beta glucan and vitis vinifera. suitable for toning up and shaping of breasts, buttocks, abdomen, arms.

50 minutes € 80,00

### EMOTION FACIALS

**E-FILLER EYE CARE:** The complete eye treatment. Innovative comfort treatment against bags and dark circles. The filler with no needles against wrinkles around the eyes for the best instant lifting effect.

30 minutes € 55,00

**E-FILLER FACE:** Wrinkles Filling Treatment based on Bio Hyaluronic acid with low and high molecular weight. Suitable at any age, the excellence anti age that reduces the signs of aging and gives new light to any skin.

50 minutes € 120,00

**VITAL LIFT:** A specific revitalizing treatment for mature skin that has lost tone and firmness, Proline and glycine to stimulate the natural process of collagen production and elastin. Suitable for mature skin, poorly vascularized.

50 minutes € 80,00

**DEEP CLEANSE /HIGH DEFENCE:** Allantoina, zinc oxide, witch hazel and burdock. The best treatment for impure and shiny skins. Also suitable for reactive skins in need to be deep cleansed and be normalized.

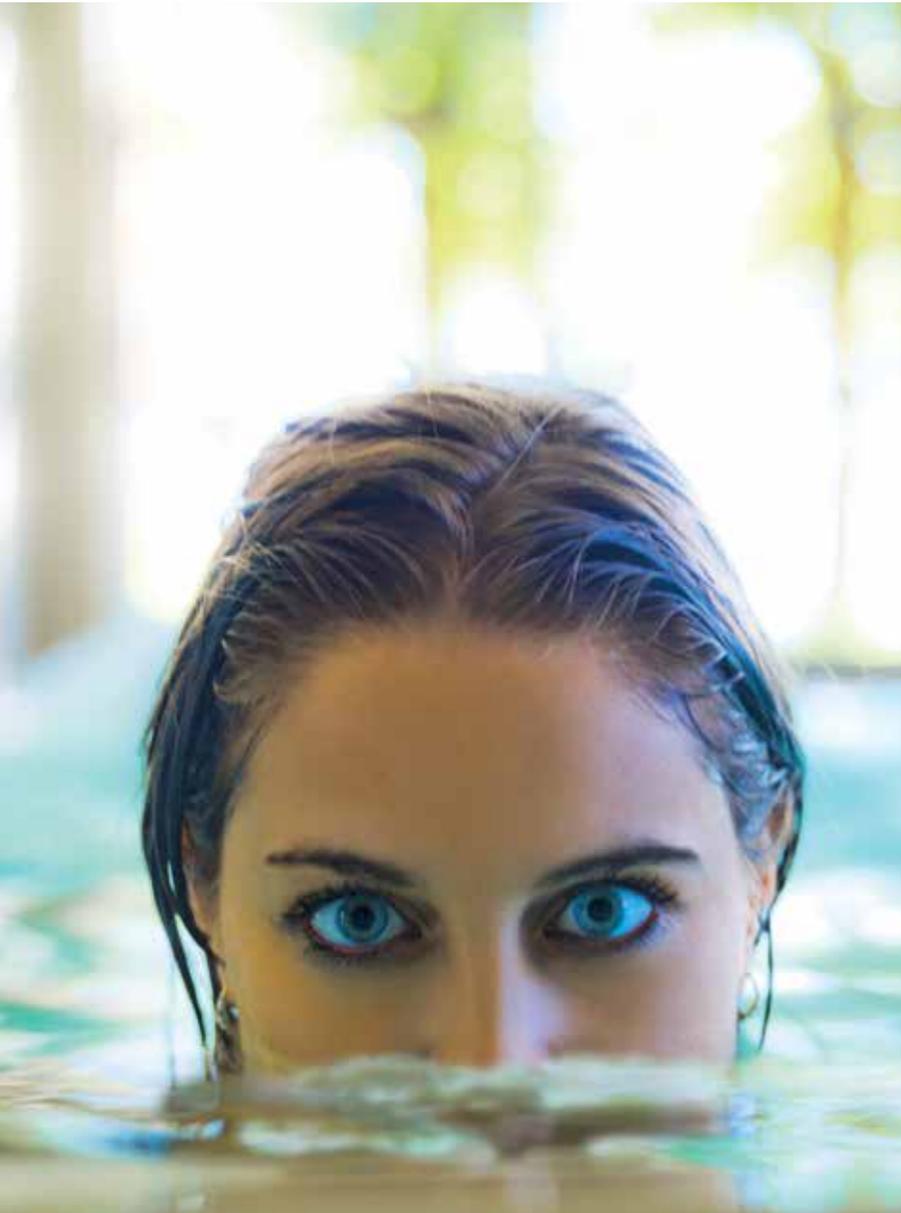
50 minutes € 80,00

**VITAMIN/SENSITIVE:** Moisturizing treatment of deep nourishment and prevention of aging skin. Suitable for dry skin, soothing for sensitive skin and to slow down the appearance of aging.

50 minutes € 80,00

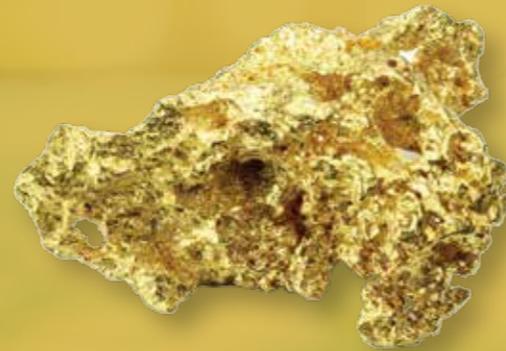


# AQUADORO - LUXURY TREATMENTS



THERE IS NO LIMITS TO THE  
VALUE OF WELL BEING

*Oui, C'est moi.*  
MARIA GALLAND  
PARIS



*Continue your special treatments  
at Home requiring our  
MARIA GALLAND products.*

# AQUANATURA WELLNESS & SPA

## AQUADORO BODY TREATMENTS

### SOIN PERFORMANCE MINCEUR & FERMETÉ

The consequences of cellulite are reduced, giving new tone to your skin.

- A gently and smooth peeling mousse
- Precious oils, noble slimming and anti-cellulite essential oils blend
- One exceptionally creamy and silky body mask with a complex booster collagen-elastin to enhance the silhouette
- Specifics massage techniques to stimulate the lymphatic system and blood circulation, to firm and reshape the body.

*50 minutes € 100,00*

### SOIN MODELANT CORPS THALASSOTHERAPY Self-Warming Modelling Mask.

A targeted body treatment to give to the skin tone and firming look in the most troubled areas. The MASQUE MODELANT boosts the tightening effect of the precious compound. The sea salt exfoliation, the whole body Massage with aromatic oils and the efficacious anti-cellulite and firming ampoule can develop in their effectiveness at the best.

*80 minutes € 150,00*

### SOIN PERFORMANCE DÉTOX & ÉNERGIE Yoga for body and soul.

Blood circulation improves and the skin acquires freshness and vitality. A delicate and silky marine treatment with algae to sublimate the body during the massage. According to Traditional Chinese Medicine (TCM) the body meridians are stimulated, muscle tensions are dissolved and the vital energy (Qi) flow vigors up. A sensual pampering experience to arouse energy life.

*80 minutes € 150,00*

## AQUANATURA GOLD FACIAL TREATMENTS

### SOIN MILLE LUMIÈRE

Pure sensual pleasure within benefits of Gold and Truffle.

Provides optimum brightness and presents an immediate anti-aging effect. Two masks, one benefit: thanks to the natural qualities of GOLD bundled to the TRUFFLE, you get a significant reduction in wrinkles and the regeneration of the skin. 1000 CRÈME MILLE and 1010 SERUM MILLE the luxury of timeless age.

*80 minutes € 150,00*

### SOIN THALASSO VISAGE

The energizing care comes from the sea.

Ideal for anyone who wants to get plenty of pure pleasure. On your deeply cleansed skin is applied an ampoule of active ingredients, chosen on your skin type, to deploy all its power under the MASQUE THALASSO refrigerant. Meanwhile the energetic Algae mask effectively cleanses the skin deeply and adds prolonged moisture. Microalgae stimulate the metabolism and repair the mistreat skin. Every trace of tiredness disappears.

*50 minutes € 100,00*

# RELAIS SANT'UFFIZIO - WELLNESS & SPA

## AQUANATURA WELLNESS & SPA



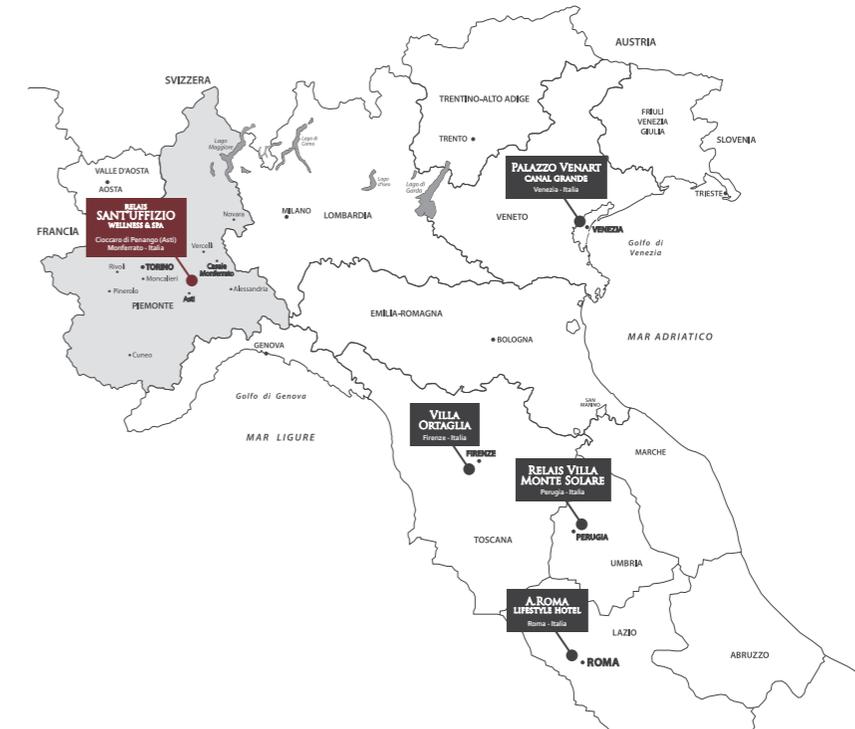
The hotel is reachable from the exit of:  
ASTI EST (20 km from Cioccaro)  
the A21 TORINO or BRESCIA  
exit of CASALE MONF. SOUTH  
(25 km from Cioccaro) A26  
GENOVA - Gravellona Toce  
and MILAN-TURIN

### MAIN CITIES DISTANCE:

Asti	21 Km	(25 min)
Casale Monferrato	25 Km	(30 min)
Alba	50 Km	(40 min)
Alexandria	54 Km	(45 min)
Turin	80 Km	(1h 10 min)
Milan	140 Km	(1h 40 min)
Genoa	133 Km	(1h 33 min)
Villa Monte Solare	510 Km	(5h)

### DISTANCE FROM AIRPORTS:

Turin Caselle	97 Km	(1h 10 min)
MI - Malpensa	121 Km	(1h 37 min)
MI - BG Orio al Serio	166 Km	(2h)
Linate	150 Km	(1h 50 min)
Genova C. Colombo	127 Km	(1h 30 min)



*A romantic oasis of peace and tranquility in the silence of the vineyards in Monferrato Lands,  
a unique opportunity to rediscover earth and the seasons natural rhythms.*

*An ancient place, a cleverly renovated century monastery trasformed in  
a charming inn, where history blends with nature.*



RELAIS  
SANT'UFFIZIO  
Asti - Italia

A. ROMA  
LIFESTYLE HOTEL  
Roma - Italia

RELAIS VILLA  
MONTE SOLARE  
Perugia - Italia

VILLA  
ORTAGLIA  
Firenze - Italia

PALAZZO VENART  
CANAL GRANDE  
Venezia - Italia

I N G L E S E

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RELAIS  
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—WELLNESS & SPA—

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